



Every Registered Girl Member has an opportunity to become an AHG Pen Pal—a way to foster friendship and fun with girls in other Troops across the nation! All Program Levels can participate, and each girl will receive a girl pen pal similar in age from a different state. Girls can communicate with their pen pals in a variety of fun ways to make it a great experience!

AHG PEN PAL FAQ

How do I register my girl?

Families will first register their girl(s) with AHG for the 2026-2027 Program Year. At that point, the family will be able to register for AHG Pen Pal by selecting the Pen Pal box in their girl's AHGfamily profile. Registration to become an AHG Pen Pal will remain open June 1 through September 30, 11:59pm ET.

What is the cost?

There is a non-refundable \$6 fee per girl, and a \$4 fee for additional girls in the same household. This fee covers the cost of administration and technology.

What are the expectations of being an AHG Pen Pal?

Girls are expected to write their pen pals at least once a month October 2026 through September 2027. AHG encourages “old-fashioned” letter writing, especially for younger girls, as it develops a special understanding of written communication and a sense of excitement with the daily mail. Girls may show how much they care about their pen pal by sending additional letters or cards for birthdays and holidays. To help with letter writing, AHG has Pen Pal Packets available on **AHGresource** with monthly prompts to help spark creativity in written communications. Additionally, **AHG's Pinterest page** has lots of ideas for pen pal communication. Girls also have the option to communicate via email or other means with their parent/legal guardian's permission.

Most importantly, pray for one another! Spiritual encouragement is the best form of support a girl can give to her new friend.

When do girls get their pen pal?

Families will be notified in early October via email when pen pal matches are ready. Contact information for pen pal matches will be available in the pen pal box on their girl's AHGfamily profile.

What if a family loses their pen pal's contact information?

In AHGfamily, a girl's profile will have a Pen Pal box. They will find their pen pal's contact information there.

Can girls earn a patch?

Yes. AHG Pen Pal Patches are available for **purchase** on the AHGstore. The Troop's authorized purchaser should include the patch when ordering other items from the AHGstore in the spring. Patches are worn on the back of a girl's vest or sash.

Why must a girl be registered for the current Program Year in order to participate as an AHG Pen Pal?

There are many exclusive opportunities for AHG Members. Participation in AHG Pen Pal is one of the benefits to becoming an AHG Member.

AHG PEN PAL FAQ

Is there a discount if more than one girl in the same family signs up?

Yes, there is a discount for multiple girls in a family to sign up. It is \$6 for the first girl and \$4 for every additional girl. The cost is non-refundable.

If the September 30th deadline is missed, is it too late to sign up?

Yes, the registration deadline is September 30, 11:59 pm ET.

Can a girl keep her current pen pal or request a specific girl to be her pen pal?

Yes. A girl may request to keep the same pen pal she had last year. Both girls must make this request for them to be matched again.

Who will see my mailing/email address?

The only person who will receive your mailing/email address is the family of a girl's pen pal. In the event that a girl's pen pal does not respond, please attempt contacting the parent/legal guardian of your daughter's pen pal via email.

What if a girl decides to leave AHG?

In the event that a girl leaves AHG, she should still honor her commitment and continue to write her pen pal.

What happens if a girl's pen pal does not write?

AHG encourages a girl to persevere in her commitment to writing her pen pal each month. Please email the pen pal's parent/legal guardian to understand why she is not writing. There may be unforeseen circumstances that prevent a girl from writing. Parents/Legal guardians are ultimately responsible for ensuring that their girls fulfill their commitment. Encourage your daughter to keep writing and praying for her pen pal. AHG is unable to provide another pen pal match if the originally assigned pen pal is unresponsive.

What are some things a girl can do to set herself up for success in her writing commitment?

Some families have found it helpful to prepare ahead of time. Consider making a pen pal folder at the beginning of the year with 12 envelopes that already have stamps. Perhaps print out an AHG Pen Pal Packet ahead of time and keep it in the folder. Having these items ready at the beginning of the year will help girls follow through with their commitment. Additionally, setting a date on your monthly calendar that is dedicated to pen pal communication will help your girl keep her writing commitment.

Who can I contact if I have additional questions?

Questions should be directed to the [AHG Pen Pal Form](#).

AHG PEN PAL AGREEMENT

Thank you for your interest that your girl would become an AHG Pen Pal during the 2026-2027 Program Year. This patch program provides a great way to make new, strong friendships and share memories and experiences with an American Heritage Girl in another state.

Along with the opportunity to make friends in other states, participation as an AHG Pen Pal requires responsibility in order to handle this privilege well. Please understand the responsibilities and prayerfully consider your participation.

Girl Agreement

I promise to continue living out the AHG Creed by being Responsible, loyal, Perseverant, and Respectful. I will use my words to encourage my pen pal and will give her grace if she forgets or is unable to write. I will communicate with my pen pal at least once a month from October through September and pray for her.

Parent/Legal Guardian Agreement

I understand that my girl has committed to writing at least once a month from October through September. I will help my girl honor her monthly writing commitments. I understand that the AHG Pen Pal registration cost is non-refundable. If my girl's pen pal does not write, I will email the parent/legal guardian of my daughter's pen pal in an effort to understand the situation and still encourage my girl to write. If my girl decides to leave American Heritage Girls, I understand that she is still encouraged to follow through with her writing commitment through September.

For more AHG Pen Pal resources, visit **AHGresource**
(keyword search "pen pal").